RECONNECT • HEAL • LEARN • GROW

UK REIKI FEDERATION

# Traditional Usui Reiki Level 1

## *with Equine & Canine Reiki*

TWO-DAY IMMERSIVE COURSE

**IN THE HEART OF THE NEW FOREST**

Change your life and deepen your connection with animals and nature.

*Animals feel the energy of your heart*

*26th – 27th November 2026*
Bramshaw, New Forest

*£150*

### DAY ONE

Discover the foundations of traditional Usui Reiki, and learn to work confidently with Reiki energy for yourself and others.

### DAY TWO

Take Reiki beyond the treatment room and into the animal world. Learn how to offer Reiki respectfully and intuitively to horses and dogs, including practical time with the animals.

Very limited places
Small, intimate group

Set in the beautiful New Forest

Open to everyone
No previous experience needed

*Sarah Cassidy*

**Reiki Master Teacher**
**UK Reiki Federation Accredited**

SACRED OAK
HEALING & HYPNOTHERAPY

*"Reiki is a journey back to yourself...
and a deeper connection with all living beings."*

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